

Screenings to Help You Live a Healthy Life

The following Florida Hospital for Women's Mobile Wellness screenings will take place:

TUESDAY, OCTOBER 20
Winter Park Community Center
Hannibal Square
721 West New England Avenue
Winter Park, FL 32789 (Corner of New England and Capen avenues)



Mammograms

Enjoy the same high-quality digital screening mammograms that you receive at all our locations. Results are read by board-certified radiologists who specialize in breast imaging. Most insurance plans are accepted, and we file all paperwork. No physician prescription is needed. [RSVP](#)

These non-transferrable offers are exclusively for you. RSVP today, as we're unable to accommodate walk-ins. Photo identification and insurance card must be presented for mobile wellness screenings where applicable.

Learn how one Central Florida woman's breast cancer was detected early as the result of our mobile mammography program. Visit FHBestinCare.com. [BIC](#)

[RSVP](#) Reservations required, as seating is limited. Call (407) 303-BEST (2378) today.

FLORIDA HOSPITAL
best in care

The skill to heal. The spirit to care.®

Orlando | Winter Park

601 East Rollins Street • Orlando, FL 32803

Non-Profit Org.
U.S. Postage
PAID
Permit 983
Orlando FL

SOURCE: BICORLQ4

15-FH-00636



You're Invited to
the **Best in Care**
2015 Fall
Event Series

FLORIDA HOSPITAL
best in care

The skill to heal. The spirit to care.®

Orlando | Winter Park

Welcome to Florida Hospital's *Best in Care* series. Below are **FREE** lectures offered near you. Find more at FHBestinCare.com. **Healthy Refreshments—5:30 pm • Lectures—6:00 pm**

Winter Park Memorial Hospital Medical Library
1925 Mizell Avenue
Winter Park, FL 32792

(FREE parking after 4:00 pm in the Physician Office Building parking lot next to the Medical Library)



Impaired Balance? It Could Be Your Ears.

WEDNESDAY, OCTOBER 14

Aftab Patni, MD | Otolaryngology (Ear, Nose and Throat)

Your ears do a great job of allowing you to hear sounds. They also help you maintain balance. But, when you're balance is off, simple tasks like walking in the dark or on uneven surfaces can become dangerous. Join Dr. Patni as he explains how your ears, along with your vestibular system, aid in maintaining balance and what can be done if you're experiencing balance issues. [RSVP](#) [BIC](#)

— Florida Hospital is recognized by *U.S. News & World Report* for the following:

- #1 hospital in Florida for the third year in a row
- One of America's best hospitals in 9 specialties — cardiology and heart surgery, diabetes and endocrinology, gastroenterology and gastrointestinal surgery, geriatrics, gynecology, nephrology, neurology and neurosurgery, pulmonology, and urology.

Mysteries Of Pelvic Pain

TUESDAY, OCTOBER 20

Steven McCarus, MD | Gynecology

Chronic pelvic pain can greatly decrease a woman's quality of life. Learn about complex medical conditions that can cause pelvic pain, including endometriosis, pelvic organ prolapse, adhesions and uterine fibroids. Dr. McCarus will discuss the most advanced treatments, including minimally invasive surgery. [RSVP](#) [BIC](#)

Florida Hospital Orlando
601 East Rollins Street
Orlando, FL 32803

(FREE valet parking is available at hospital main entrance.)



Preventing Heart Disease

TUESDAY, OCTOBER 13

Rajesh Shah, MD | Cardiovascular Disease/Internal Medicine, Interventional Cardiology

Did you know that 1 in 3 adults has some form of heart disease or that more than 80 percent of heart disease and strokes are preventable, according to the American Heart Association? Dr. Shah shares simple steps you can take to help protect yourself. [RSVP](#) [BIC](#)

Florida Hospital Webinars

Join us ONLINE for FREE health discussions at NOON from your own computer. Register and watch at FHBestinCare.com/webinar. Can't make it that day? Come back and watch on demand!

Living With Heart Failure

TUESDAY, OCTOBER 20

Nirav Raval, MD | Cardiovascular Disease/Internal Medicine

Join Dr. Raval as he explains how healthy hearts work; explores heart conditions and genetic factors that may lead to heart failure; and describes available treatments - from pacemakers to defibrillators to the CardioMEMs™ HF System. [RSVP](#) [BIC](#)

What You Need To Know About PCOS

WEDNESDAY, OCTOBER 28

Carmina Charles, MD | Endocrinology/Diabetes and Metabolism/Internal Medicine

Polycystic Ovary Syndrome (PCOS), a common hormonal imbalance, can impact a woman's chances of becoming pregnant and if untreated, over time can lead to serious health problems, such as diabetes and heart disease. Dr. Charles explains PCOS; the impact on fertility and insulin resistance; and available treatments. [RSVP](#) [BIC](#)

[RSVP](#) Reservations required, as seating is limited.
Call (407) 303-2378 today!

[BIC](#) — Discover healing stories of your friends and neighbors at FHBestinCare.com.