

## Additional Services

In addition to receiving the finest medical care, our patients also have access to nutritionists, support groups, social workers, genetics counseling, educational seminars, a comprehensive medical library and Mind/Body/Spirit Center programs.

Through Virtual Visit, patients may communicate online with their physician, obtain lab results, refill medications and schedule appointments. To register, go to [virtual-visit.org](http://virtual-visit.org).

## Patient Appointments

To schedule an appointment or second opinion, call 321 841-3080.

## About M. D. Anderson Cancer Center Orlando

Each year, M. D. Anderson Cancer Center Orlando provides leading-edge technology, treatment, research and clinical trials for more than 100,000 patient visits. A collaborative effort between Orlando Regional Healthcare and The University of Texas M. D. Anderson Cancer Center in Houston, M. D. Anderson – Orlando was the first affiliate of the renowned cancer center outside Texas.

## About the Surgical Group of Orlando

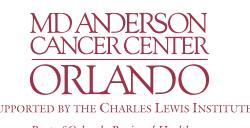
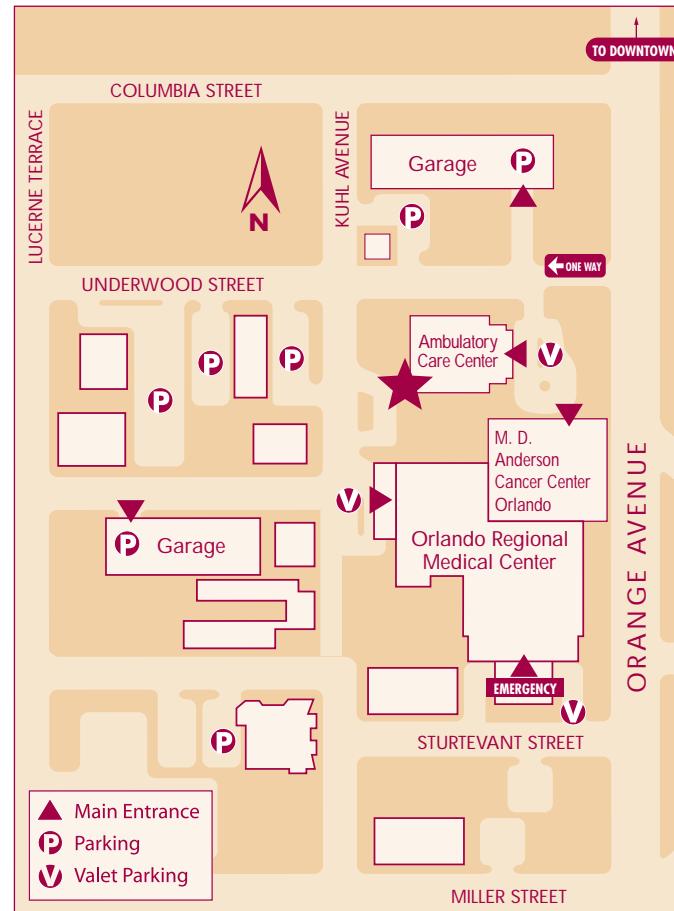
The Surgical Group of Orlando is composed of general surgeons and surgical oncologists. The group has several specific areas of interest: comprehensive surgical management of a variety of malignancies; advanced laparoscopic surgical techniques and minimally invasive techniques. Surgeries are performed at both Orlando Regional Medical Center and Orlando Regional Sand Lake Hospital.

## About Orlando Regional Medical Center

Orlando Regional Medical Center (ORMC), part of Orlando Regional Healthcare, has served the medical needs of Central Florida residents and visitors since 1918. Home to Central Florida's only Level One Trauma Center, ORMC delivers leading edge technology and expertise in oncology, surgery, heart, vascular, stroke, neurosciences and orthopedics.

## Location

The Breast Care Center is located on the third floor of the Ambulatory Care Center, next to M. D. Anderson – Orlando in downtown Orlando. Self-parking is available in the garage on Underwood Street. Valet parking is available for a nominal fee at the main entrance of the center.



The Breast Care Center  
at Orlando Regional Medical Center  
22 Underwood Street, 3<sup>rd</sup> Floor • Orlando, Florida 32806  
321 841-3080 • Fax: 321 841-8078  
[orlandoregional.org](http://orlandoregional.org)

**THE BREAST  
CARE CENTER**  
AT ORLANDO REGIONAL MEDICAL CENTER

# The Breast Care Center at Orlando Regional Medical Center

Finding a lump or receiving an abnormal mammogram can be frightening. And, while most breast abnormalities are not cancerous, waiting to learn if you have cancer can be a time of fear and anxiety.

At many hospitals, after a biopsy or repeat mammogram, it takes days or even weeks for a diagnosis. At the Breast Care Center, our goal is a rapid diagnosis, often within 48 hours.

## Rapid Diagnosis

A specially trained, multidisciplinary team of board-certified surgeons, nurses, radiologists, pathologists, counselors and oncologists personally perform and interpret diagnostic tests and will be with you every step of the way.

Seeing the same surgeon from your initial visit to diagnostic testing or surgery ensures the highest level of reliability and allows you to receive rapid results.

## Coordinated Care

An oncology nurse, with extensive experience caring for breast cancer patients, will coordinate and expedite your care, from completing paperwork to obtaining previous mammograms to helping coordinate your insurance needs, making everything as easy and convenient as possible for you.

Our multidisciplinary team meets weekly to discuss and make recommendations for ongoing treatment of our patients' breast conditions. This means that you will receive streamlined, state-of-the-art care with the least possible delay.



## The Facility

Located on the third floor of the Ambulatory Care Center next to M. D. Anderson Cancer Center Orlando, the Breast Care Center offers rapid, highly accurate diagnoses, often without surgery. The center is a collaborative effort between Orlando Regional Medical Center (ORMC), M. D. Anderson – Orlando and the Surgical Group of Orlando.

## Treatment Options

Because many breast lumps are not cancerous, our specialists also provide treatment for non-malignant conditions.

For patients who are found to have cancer, early and accurate detection makes breast cancer one of the most treatable forms of cancer.

State-of-the-art drug and radiation therapies are available through ORMC and M. D. Anderson – Orlando. And many newly developed treatments and clinical trials are available here through our affiliation with The University of Texas M. D. Anderson Cancer Center in Houston.

### We offer a wide array of expert diagnostic services, including:

**Diagnostic Mammography** — Low-dose X-rays are taken by certified technologists and interpreted by board-certified radiologists.

**Ultrasound** — High-frequency sound waves and ultrasound images are used to diagnose cystic disease.

**Non-surgical Aspiration** — Removes a small number of individual cells with a thin needle while using a local anesthetic.

**Stereotactic Biopsy** — Computer-guided imaging locates a lesion and then removes a tissue sample for examination. These procedures are performed on an outpatient basis using local anesthesia.

**Surgical Biopsy** — Removes a mass while under local anesthesia if the lump can be felt. A needle-directed biopsy is performed for lumps that cannot be felt.

**Sentinel Node Biopsy** — Allows surgeons to pinpoint the spread of breast cancer and remove a limited number of lymph nodes.